

Community meeting to focus on senior isolation

WAKE FOREST — Senior isolation and its consequences will be discussed at the next meeting of the Senior Information & Networking Group of Wake Forest (SING).

The meeting is scheduled for Friday, April 28, and will be held in the Wake Electric community room. Breakfast and networking begins at 8:30 a.m. with the program set for 9-10 a.m.

Isolation is a growing problem affecting seniors, their families, and the businesses and organiza-

tions they use. Drs. Pam Perkins and Lauren Bridges will provide an overview of the many reasons for isolation in seniors, describing causes and consequences and providing information on local and state resources.

Wake Electric is located at 100 S. Franklin St. Participants should park in the back of the building. The community room entrance is on the lower level.

Registration for the event is required. Contact SING at info@sing-wf.com or 919-566-3706.

